



# News and Notes

for Bodenham, Britford, Charlton All Saints, Nunton and Odstock October 2015

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## Dress Code

I've recently listened to a series of five short radio programmes (still available online) called *How to Have a Better Brain*. They chart the efforts of a retired consultant psychiatrist, with the help of her daughter, a neuropsychologist, to slow down the deterioration of her memory.

Each programme covers a different topic, and, to aid my own memory of the details, I've used the mnemonic DRESS. The letters stand for Diet, Relaxation, Exercise, mental Stimulation and Sleep.

The presenter of the programmes, with the help of the lady and her daughter, explores methods in each of the five areas which may improve brain power. "There's plenty of scope for you.", I hear you cry!

It occurs to me that, even without the specific aim of slowing down memory loss, attention to good practices in each of the five areas could be a very helpful recipe for caring for one's mind and body. That just leaves spiritual health to consider. Please see details of church services below, and within there's Harvest Festivals, the Filling Station, Bible Study, Messy Church and Village Prayers.

*Editor*

## Church of England Services

4 <sup>th</sup> October 18 <sup>th</sup> Sunday after Trinity	9.30am 11.00am 11.00am 6.00pm	Harvest Festival Communion Harvest Festival Parish Communion Harvest Festival (BCP)	Britford Nunton Coombe Bissett Homington	JT RW AP JT
11 <sup>th</sup> October 19 <sup>th</sup> Sunday after Trinity	9.30am 11.00am 11.00am	Parish Communion Choral Mattins (BCP) Harvest Festival	Nunton Charlton All Saints Coombe Bissett	JT Lay led JT
18 <sup>th</sup> October Luke the Evangelist	9.30am 11.00am 6.00pm	Parish Communion Parish Communion Evensong (BCP)	Odstock Homington Britford	CB AP RW
25 <sup>th</sup> October Last Sunday after Trinity <i>BST ends</i> <i>(clocks go back)</i>	9.30am 11.00am 11.00am	Parish Communion Family Service Choral Mattins (BCP)	Charlton All Saints Nunton Coombe Bissett	AH AT RW
1 <sup>st</sup> November All Saints	9.30am 11.00am 11.00am 6.00pm	Parish Communion Family Service Family Communion Evensong (BCP)	Britford Odstock Coombe Bissett Homington	CB AT JT CB

CB = Revd Catherine Blundell, JT = Revd Jenny Taylor, RW = Revd Rick Williams

AH = Canon Anthony Hawley, AP = Canon Ann Philp, AT = Adrian Taylor

BCP = Book of Common Prayer

## Contacts

Team Rector ~ Revd Catherine Blundell: 01722 780134 Team Vicar ~ Revd Jenny Taylor: 01722 503081  
Team Vicar ~ Revd Rick Williams: 01722 330628 Team Administrator ~ Mrs Helen Atkinson: 01722 781112

**News & Notes:**

**Editor: Adrian Taylor** 01722 325862 (*email below*)

**Deadline: 18<sup>th</sup> of each month**

## Odstock, Nunton and Bodenham WI

*Anna Treseder*

At our meeting on 14<sup>th</sup> September Heather Garrison, President, opened the meeting by welcoming members and guests. Maria Amey brought a spectacular arrangement of sunflowers for the President's table. Reports on the interest groups – Theatre, Skittles, Scrabble, Book Club, Walking Group and Gardeners followed. Susie Appleford read out the WI correspondence and details of future events. Linda Cox gave the Treasurer's report.

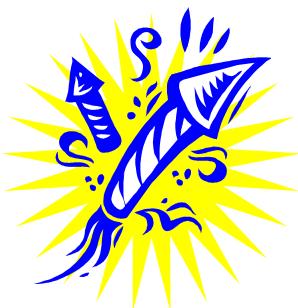
The Annual Council Meeting at City Hall next month will be well attended by members. Rosemary Stephens won the ACWW competition with a photograph of her grandparents. Sometimes we forget to bring a contribution of foodstuff for our charity, "Morning Star", so a collection jar will be available at meetings for cash donations in lieu.

After coffee, Mr Robin Gair told us about his musical career and the two choirs he runs in Salisbury and Southampton called "Sing for Life", Wiltshire Cancer Trust. We all joined in singing "Mamma Mia" by Abba. He also spoke movingly about his family's experience of organ donation. Gill Dodd gave the vote of thanks.

We then enjoyed a delicious Ploughman's Lunch, masterminded by Margaret Barrow, followed by a superb iced cake (made by Margaret's grandson who is a chef) to celebrate the 100<sup>th</sup> Anniversary of the WI. We sang Jerusalem before cutting the cake.

The next meeting is on 12<sup>th</sup> October, when Mr Chris Usher will give a talk about "The Museum of Childhood".

## The Charlton All Saints 2015 Bonfire Bash



**Saturday 7<sup>th</sup> November**

from 6.00pm

next to the Village Barn

**Traditional Bonfire Refreshments**

£5.00 Adults, £2.50 Children (5-16 years)

For tickets contact Graham & Jackie Barrett

Hollytree House, Church Lane

01722 324097 or 07770 795604

## Longford C of E Primary School

*Nicolette Beardsmore, Parent Governor*

School started for new and returning pupils at Longford on Wednesday 2<sup>nd</sup> September. Five new children joined Reception. Staff started back one day earlier to prepare for the new school year, and finalise the curriculums for each class. Part of that day was spent with Governors to agree the School Values, for which the children had submitted their ideas last term. These will be published later this term.

There has been a slight reshuffle of classes: Kestrels consists of Reception and Year 1 children; Magpies consists of Years 2 and 3 and Kingfishers consists of Years 4, 5 and 6.

Children and staff have been very impressed by the new interactive IT boards which enable up to four children at a time to work at the board.

At the time of writing, the children have been back less than three weeks but already they have celebrated Queen Elizabeth's achievements during the longest reign of a British monarch, elected their members for the School Council, and Kingfishers have participated in an inter-school Tag-Rugby Event at Trafalgar (results to be confirmed).

Kingfishers have also been experiencing the work of archaeologists as part of their focus on the Ancient Egyptians this term.

Magpies are focussing on toys from the past, and Kestrels will be learning about who they are and where they come from.

But it's not just the children who have been busy; Mr Uphill deserves a special mention for building a mud kitchen in the extended play area for Reception and Year 1. Families have also contributed various utensils to enable the children to indulge in their own approach to baking.

Friends of Longford (FOLS) will be holding their AGM on Friday 16<sup>th</sup> October at 9.30am at Longford.

Anyone who would like to be involved is welcome to come along – even if they don't have a child attending the school.

Finally, in addition to three after-school clubs organised by the School in Gymnastics, Marital Arts and Multi-Sports, Kiddi Galore is now offering after-school provision, from Longford School, for local families whose children may or may not attend Longford. For more details and costs please contact Kiddi Galore directly on 01722 322179.

## Britford Harvest Lunch

**Saturday 3<sup>rd</sup> October**

**12noon to 2pm**

**in the barn next to St Peter's Church**

**Home-made soup and pudding - £6.50**

**All welcome**

***Car parking available***

## South Sudan

*Maggie and Jeremy Metcalfe*

We are in the process of packing our bags for our trip to Kajo Keji in South Sudan with CRESS and want to thank everyone who has so kindly contributed items for us to take with us.

By the time this News and Notes comes out, we should be back from our trip, but we will have to wait until next month's edition before we can give an account of our adventures. So in the meantime, thank you for your generosity - the handbags, bracelets and tee shirts for the ladies, the men's shirts and suitcases, the bubbles, balloons, crayons and toothbrushes for the children - and be assured they will all reach a welcome destination. We will enjoy greeting people from Kajo Kejo and Liwolo on behalf of our villages here.

It promises to be a fascinating fortnight, and I am quite sure we will benefit every bit as much as the people we are visiting, if not more. Do follow our progress on the website – [www.cressuk.org](http://www.cressuk.org) – where we have been encouraged to post blogs!

No doubt we will bring back some photos to accompany our stories and look forward to sharing them with you on our return. Many thanks again.

### **Britford Memorial and Community Hall**

## **Pop Up Pub**

**Friday 23<sup>rd</sup> October 2015**

**6.30 - 11 .00 pm**

Real Ale £2.50 a pint  
Wine £2.50 a glass

*Leave your car at home  
and enjoy this community event!*

## **Wool Wanted**

Please ring: 07766 305 292  
OR any items may be handed in at  
Bemerton Heath Trussell Trust shop, labelled *Helen*.  
*In aid of the Trussell Trust - Many thanks.*

## **Story Time for Toddlers**

**free, every MONDAY at 9.30am in  
The Coffee Shop, Broad Chalke**

*Children must be accompanied by an adult.*

*Chalke Valley Churches at Nunton*

## **Holiday Messy Church**

**"Light up the Darkness"**

**on**

**Monday 26<sup>th</sup> October  
from 10.00am - 12.00 noon  
at The Barker Room and  
In Nunton Church**

for children under 12 and their parents or Carer.

Come and enjoy a morning of fun and creative activities based on the Bible followed by lunch

Donations to the morning accepted

**Booking is essential**

**Please call Debby on 01722 329769 or  
email [dunderh942@btinternet.com](mailto:dunderh942@btinternet.com)**

## **Car Boot Sale result**

*Brian Blake*

I have today sent a cheque for £1,133.27 to Salisbury Hospice, the total proceeds from the Car Boot Sale held at Nunton on 13<sup>th</sup> September.

I would like to thank everyone who supported this event, whether by direct involvement or the donation of cakes and money!

Many of us are perhaps under the impression that Salisbury Hospice is part of the NHS. The Hospice does of course work closely with the NHS, but has to raise in excess of £1,000,000 every year in order to keep services going. It relies heavily on local fundraising, so watch this space!

## **Orchard Bible Study**

For the Bible Study at The Orchard this year, we have a series of four sessions led by Canon Anthony Hawley. The title of these sessions is "A New Way of Looking at Bible Characters", and we hope to learn more about some of the characters found in the Bible and the meanings they might have for us as practising Christians.

We meet at 7.30pm on Thursday evenings and the sessions should finish at 9.00pm. The dates are 8<sup>th</sup> October, 15<sup>th</sup> October, 22<sup>nd</sup> October and 29<sup>th</sup> October. Do put the dates in your diary, all welcome to come and join us in the Community Room at The Orchard, Nunton, for all sessions or just for those you can manage. There is no charge. If you need to know more, please contact Marian on 01722 335685.

## **Odstock House to Let**

Three bedoomed semi-detached house with mature gardens available to let in Odstock. Lovely views across the meadows. Double glazing, central heating and solar panels, a wood-burner in living room, and under floor heating in kitchen and bathroom.

*Please contact [grizeldamoules1@gmail.com](mailto:grizeldamoules1@gmail.com).*

*email: [editor@newsandnotes.co.uk](mailto:editor@newsandnotes.co.uk) October 2015*

Come and find out how we can help Tearfund help churches to help the disadvantaged around the world.

## Harvest Festival

at St Andrew's, Nunton  
on Sunday 4<sup>th</sup> October at 11.00am  
followed by a shared lunch  
from 12.00 noon in the Barker Room

Good harvest hymns, a good speaker  
and activities for children.

Please bring dry produce for the Trussell Trust.  
If you want to come for lunch,  
please ring Debby on 01722 329769.

The Trafalgar School Association  
presents their annual

## 'Bubbly' Quiz

20<sup>th</sup> November at 7.00pm  
The Trafalgar School at Downton SP5 3HN

Tickets £6 adult, £3 under 16's

Available on the night, or in advance from school  
reception on 01725 550300

Ploughman's Supper, Licensed Bar, Raffle

A Bottle of 'Bubbly' for each member of the  
winning team! (Max. 6 people per team)

Bring along your friends and family  
for a fun night out.

## For Sale

### Scaffolding Tower ex Nunton Church

Steel scaffolding tower with 4 foot square stout  
wooden platform at maximum 12 foot height.

A total of twenty two interlocking steel sections plus  
four wheels and two level adjusting pieces.

Old and somewhat heavy equipment,  
but in fully serviceable condition.

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Contact Harry Joynt 01722 329782

## Backwater Roll Blues Band

at Coombe Bissett Village Hall  
on 10<sup>th</sup> October 2015.

Doors at 7.30pm 'til 11.00pm.

Food and bar by the Ministry Of Food (Fordingbridge)  
Tickets are £10 and can be bought from Salisbury  
Playhouse, Fisherton Mill or Coombe Bissett Stores.  
£11 on the door.

All proceeds to Salisbury Hospice

An unmissable experience for a wonderful cause!

## Pension Scams

People targeted repeatedly with pension scams, say  
Citizens Advice.

Over 55s are being repeatedly contacted with cold-  
calls and emails offering fraudulent pension  
opportunities, warns Citizens Advice.

Over four months, after the pension reforms came  
into effect, figures from the national consumer body  
find that two in five Citizens Advice pensions staff  
across England and Wales have seen people  
targeted repeatedly with pension scams.

Albert Ball, Project Manager at Wiltshire Citizens  
Advice Pension Wise said: "Pension scams threaten  
people's financial security. Scammers are finding new  
ways to go after people's pension pots including  
offering free pension reviews and promising to invest  
funds that don't necessarily exist. "If you've had an  
offer or signed up to a pension scheme you're unsure  
about, I urge you to contact your local Citizens Advice  
where our staff can offer free help and support."

Citizens Advice offers Pension Wise guidance where  
people aged over 50 can access free face to face  
guidance sessions. To book an appointment call  
01722 580052

For further information on pension scams, visit  
[pensionwise.gov.uk](http://pensionwise.gov.uk).

## Laminator

If you have use for an A4 laminator, please ring Pam  
Trubshaw on 01722 323472..

You are welcome to join us at  
**The South Wiltshire Filling Station**  
at the Radnor Hall, Bodenham  
Salisbury SP5 4EQ

Refreshments 7.30 to 8.00pm  
then Worship, Teaching and Prayer till 9.30pm  
**on Wednesdays 28<sup>th</sup> October, 2<sup>nd</sup> December**

To find out more about the organisation visit  
[www.TheFillingStation.org.uk](http://www.TheFillingStation.org.uk)  
or contact us at [SWiltsFillingStation@gmail.com](mailto:SWiltsFillingStation@gmail.com)

## Breast Cancer Now

Salisbury & New Forest North Group



## Textile Fayre



10.00am - 4.00pm on 17<sup>th</sup> October 2015  
Landford Village Hall, SP5 2AE

Demonstrations, Quilt Exhibition, Numerous stalls  
including Margaret Beal, Fay Maxwell, Claire's Lace.

**Grand Raffle**, many prizes including pieces by  
Edwina MacKinnon, Kate Dowty & Dionne Swift

Contact Wendy Quick: 01794 390678 or  
[wendy@salisburybreastcancernow.co.uk](mailto:wendy@salisburybreastcancernow.co.uk)  
[www.salisburybreastcancernow.co.uk](http://www.salisburybreastcancernow.co.uk)

## Learn to love your iPad!

Are you struggling to get started with your iPad?

Do you want to learn how to do much more with your iPad?

Bill Imeson is running a three-week course for beginners which will show you how to get the most from your iPad. The course will be interactive and 'hands-on', and will provide lots of simple tips and tricks to make using it easier and more fun. It will also highlight similarities with iPhone, so if you also have one of those, you can get up to speed on both devices!

The course will run for 3 weeks at Bishopstone Village Hall. Dates are 5/12/19 November, from 10.00 to 12.00, and the cost is £45. Further dates could be added if there is sufficient interest.

Interested? Contact Bill at [bill@imeson.co.uk](mailto:bill@imeson.co.uk) or 01722 718752, to enrol or for further details.

## Chalke Valley Flower Club

If you have been, or are thinking of going to New Zealand, perhaps you'd be interested in coming to Chalke Valley Flower Club's October meeting.

We are having a talk by the entertaining Rosemary LeGrande, who will be extolling the beauty of the flora in the South Island. Rosemary's demonstrations are always amusing and informative and have been thoroughly enjoyed by our members. The meeting is in **Broad Chalke Village Hall, on Wednesday 23<sup>rd</sup> October at 7.00pm**, Visitors charge is £6 (including coffee and biscuits) .

**The Nomads Tent** will again create their **Eastern Bazaar at Tolland House, Tolland Royal, SP5 5PP, from Sat 31<sup>st</sup> Oct to Sun 8<sup>th</sup> Nov (10am-4pm)**.

An Aladdin's cave of irresistible temptations for Christmas with: *Contemporary, traditional and vintage rugs, carpets and kilims, Moroccan pottery including every day crockery and large vases, Colourful leather pouffes, Rajasthani painted and natural wood furniture, chests and tables, Exciting jewellery, Christmas decorations, Lanterns, boxes and other gifts/presents, Throws, bedspreads, cushions, slippers and scarves.*

Treat yourself to a little escape with some relaxing and enjoyable shopping.

And also at Tolland House on Wed 4<sup>th</sup> Nov (6.00 – 7.30pm), Lt.Gen Sir Barney White-Spunner, noted military historian and former Commander of the British Field Army will give a talk in aid of *Combat Stress*: "Of Living Valour– The Story of the Soldiers of Waterloo" tells the story of the ordinary soldiers who, over three days, fought one of the most significant and bloodiest battles in English history. Gleaned from unpublished sources, letters and diaries, their daily routine, fear, exhaustion and personal feelings provide a unique perspective on the events of 200 years ago.

For further information and for tickets for the talk (£10) telephone 01725 516222

## Big Screen @ Broad Chalke

Loved by the 55 people who came in September!

New at Broad Chalke Village Hall - a real cinema experience, brought to you by Filmflixs. New films not yet on DVD, Big screen with excellent views, surround sound, short film and trailer before the main showing, bar and cinema refreshments available. First Wednesday of the month in Oct, Nov, Jan, Feb, Mar.

Next showing October 7<sup>th</sup>, 7 for 7:30pm:

*Suite Française*.

Tickets £6 from The Chalke Valley Stores or on the door. Proceeds to Broad Chalke Village Hall.

## The Mary Rose

A highly entertaining talk by Trevor Sapey of The Mary Rose Trust, featuring replica and authentic artefacts. Friday 9<sup>th</sup> October, 7pm, Broad Chalke Village Hall. Tickets £12 Adults, under 14s £5, to include a drink and nibbles. Available from the Chalke Valley Stores. Tudor dress (or homage to) very welcome. Proceeds to Broad Chalke Village Hall.

## Harnham Garden Society

**Harvest Supper on 16<sup>th</sup> October**

Harnham Memorial Hall, Watersmeet Road SP2 8JH (Book by 9<sup>th</sup> October)



## Longford Estate Fishery

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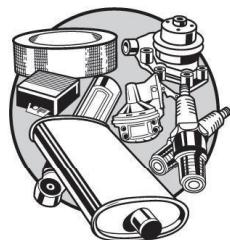
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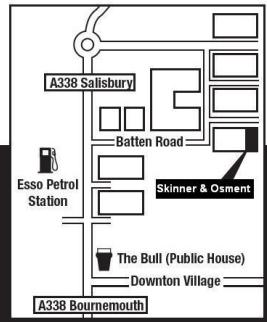
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FITNESS & THERAPIES

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Keep up to date with our fitness timetable at [www.purehealthodstock.co.uk](http://www.purehealthodstock.co.uk). Come and try Stretch & Relax, Pilates, Yoga for Men, Intense Yoga, Hatha Yoga, Kettlebells, Core Yoga OR get a group of friends together and we'll put on a class of your choice.

Keep an eye on the website/FB page for updates.

### THERAPIES

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[www.purehealthodstock.co.uk](http://www.purehealthodstock.co.uk)



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## Plumbing and Drainage

- Plumbing
- Heating
- Bathroom and Kitchen installation
- All work Fully Guaranteed
- 25 Years' Experience
- Free Quotes
- Blocked Drains/Toilets/Sinks

Please call David on  
01725 512645 or 07818 046222



Local milk from Nunton Farm is now available from *Coombe Bissett Stores* and *Simply Fresh Downton*. It is locally-produced milk sold under the Maple Field label.

## S J GILLINGHAM

### *Oil Heating Services*

#### Installation - Maintenance - Service

Email : sjgillingham@btinternet.com  
Tel 07831 378803



Oil fired boiler maintenance

OFTEC REG OIL ENGINEERS

## JB Grooming and Pet Care Services

- Grooming Collection and drop off
- Loyalty card scheme for grooming clients
- City & Guilds** • Free Consultation
- New Client Discount



Dog Grooming (at your home or in our salon) ~ Dog walking  
Pop-in checks ~ Pet sitting in your own home  
Hutch, cage and aviary cleaning ~ Pet taxi

Covering Salisbury and surrounding areas

Contact Jeni: 07850 480690 jenibel@hotmail.co.uk



## The Scissor Shed

- A small, relaxed hair salon in Odstock
- Professional salon, top quality hair care products
- Restyles, cuts and colours, ladies, gents, teens and children
- Experienced and trusted stylist
- Convenient location, free parking

Contact Emma: 07946 222032  
emma@thescissorshed.co.uk

Maple Cottage, Odstock, SP5 4JA



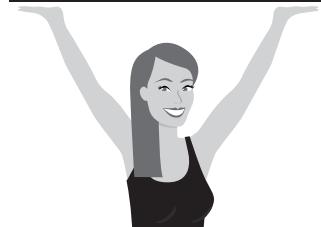
**DON'T stand for a broken chair when you can sit on a decent seat.**

## *CHAIRS RE-CANED*

**Les Dodd  
01722 329341**

## Claudine's Fitness

FOR MEN AND WOMEN



Enjoy fitness routines designed specifically with you in mind in a fun, relaxed environment.

Claudine, a certified instructor of pilates & HIIT classes, teaches men and women of all ages and abilities.

**Pilates** - Improves balance, flexibility, core and back strength, and joint mobility.

**Fitness Pilates (FP)** - Claudine's best of all disciplines, but not as intensive as HIIT.

**High Intensity Interval Training (HIIT)** - Getting you fitter faster without equipment.

Daytime and evening classes held in Britford, Radnor Hall, Coombe Bissett and throughout the Chalke Valley.

For more information call Claudine on 07788 587937

## Britford Memorial & Community Hall

*Ideal venue for children's parties, social gatherings, family occasions, meetings and presentations, workshops and classes, private functions and community events.*

Competitive rates - convenient location holds up to 60 people.

For bookings or enquiries: tel: 07717 474653

## The Radnor Hall

Your village hall at Bodenham

for private functions, meetings, community events

Capacity: 100, seated 80

Special hire rates for residents of Bodenham, Britford, Charlton All Saints, Nunton and Odstock and for regular users

*For bookings and enquiries, please contact the caretakers on 01722 329760*

### Regular Events

WI	Second Monday of the month, 10.00am, Radnor Hall, Bodenham
Singing Group	Tuesdays (ex. Aug/Dec.), 4.30pm or 7.00pm, Barker Room, contact Adrian Taylor on 01722 325862
Tiny Tots	Wednesdays (ex. Aug.) 9.45 – 11.45am, Radnor Hall, Bodenham (Suzie Orchiton - 01722 502026)
Mobile Library	Britford (The Green), alt. Thursdays, 9.30 – 9.45am (8 <sup>th</sup> and 22 <sup>nd</sup> October)
Acorn Club	Coffee Morning – Wednesdays 10.30am at the Orchard
' Local Vocals'	Singing group for everybody. No need to read music. 1 <sup>st</sup> and 3 <sup>rd</sup> Mondays each month. Radnor Hall, 7.30 - 9.30 pm. Please check with Clare Chitty 01722 330871
Circle Dancing	Simple dances from many countries to join in with, no partner or previous experience necessary. 2 <sup>nd</sup> and 4 <sup>th</sup> Mondays at Radnor Hall, 7.30 - 9.30 pm. Contact Clare Chitty 01722 330871
Village Prayers	If you'd like prayers to be said for someone you know, a particular situation or yourself, you may either put a note in the Village Prayers box at St Andrew's, Nunton or St Mary's, Odstock, email details to <a href="mailto:villageprayers@live.com">villageprayers@live.com</a> or come along. <b>Next meeting: 7.00pm – 13<sup>th</sup> Oct – Barker Room, Nunton</b>

### Diary Dates

3 <sup>rd</sup> October	Britford Harvest Lunch, Barn next to St Peter's Church, 12 noon to 2.00pm (see page 2)
4 <sup>th</sup> October	Harvest Festival Celebration, St Andrew's Nunton and the Barker Room, 11.00am (see page 4)
8 <sup>th</sup> October	Bible Study, The Orchard, Nunton, 7.30pm (and 15 <sup>th</sup> , 22 <sup>nd</sup> & 29 <sup>th</sup> October) (see page 3)
10 <sup>th</sup> October	Backwater Roll Blues Band, Coombe Bissett Village Hall, 7.30pm ( see page 4)
17 <sup>th</sup> October	Textile Fayre, Landford Village Hall, 10.00am to 4.00pm, in support of Breast Cancer Now (see page 4)
23 <sup>rd</sup> October	Pop Up Pub, Britford Memorial and Community Hall, 6.30 – 11.00pm (see page 3)
26 <sup>th</sup> October	Messy Church, Barker Room, Nunton, 10.00am – 12noon (see page 3)
28 <sup>th</sup> October	The Filling Station, The Radnor Hall, Bodenham 7.30 for 8.00pm (see page 4)
7 <sup>th</sup> November	Bonfire Bash, Charlton All Saints, Village Barn, 6.00pm (see page 2)
20 <sup>th</sup> November	Bubbly Quiz, Trafalgar School, Downton, 7.00pm (see page 4)